



ANTIOCH

COMMUNITY CHURCH

Hey Leaders!

Below are a couple of best practices we've discovered over the last month as we've navigated leading virtually. Feel free to check these over, take an idea or two, and test it out for yourself!

- Screen fatigue is real - look for alternative ways of connecting with your people. Phone calls, texts, or drive by cookie drop offs are a great alternative!
- Follow Jesus first; lead others second. Don't forget to prioritize your time so you can connect with Him first. Others will thrive when you choose to keep first things first.
- Refresh your heart and mind with our daily prayer and worship at noon on our [YouTube](#) channel.
- Try downloading some different phone apps to stay connected: Marco Polo, Voxer, and Discord are some options.
- Annoyed with your roommates? Spouse? Kids? Neighbor's dog? Check out our [Tending Your Heart](#) resource and navigate the emotional ups and downs in the presence of Jesus.
- Snail mail still exists, and who doesn't love opening an envelope? Time to bring back pen pals!
- Stay connected to Jesus through FaceTime - meeting Face to Face with God! Check out helpful tips and tricks here: [HOW TO SPEND TIME WITH GOD](#)
- Eat well, sleep well, exercise well - we encourage you all to get some *extended time* in the fresh Colorado air!

Zoom Best Practices

- Until your LifeGroup is comfortable on Zoom, be direct! Leading will look a lot more like calling on names rather than waiting for people to speak up. Don't be afraid of your own voice!
- Pro - tip Walk your lifegroup attendees through Zoom features, which are typically on the bottom bar of your Zoom screen. Specifically, under the reactions button you can give thumbs up, or clapping hands!
- The raise your hand feature is as follows: Click participants, and a list of your LifeGroup participants will pop up above your chat bar. Under this list there is a raise hands button. Click it once, your hand is now raised (as you can see on your personal screen). Click it twice, and you have officially lowered your hand!
- Set agenda in chat - this seriously helps people engage throughout LifeGroup!

Last but not least - try these games to pump some life into your Zoom LifeGroups!

- **Charades** : *Charades is a basic game that translates easily to Zoom. Split your group into two teams and use this website: [Charades: Words, Ideas Generator](#) to choose your words and phrases. The person who's acting out the charade, and their team has one minute to figure out the word or phrase!*
- **Pictionary** : *Zoom has a great whiteboard feature. Choose teams, and assign a team member to hit "share screen" and click the whiteboard feature. Having a hard time finding a good word? Check out this website [Pictionary Generator](#) From there, teammates guess what is being drawn! Keep score in the chat bar. Draw away!*
- **Trivia** : *Check out this great website: [Random Trivia Generator](#) . As a host, choose different trivia questions, the first Zoom attendee to answer correctly gets a point! Winner gets an I-Owe-You coffee treat!*