



ANTIOCH

COMMUNITY CHURCH

Young Adult & Families Zone

Online Discipleship Tools

We want you & your people to stay connected during this time! As things we settle into a new normal, we are working to help you as leaders run the best online discipleship sessions possible. The following guidelines will help you run a great virtual discipleship meeting. Please follow them, and email danika@antiochfc.org with any feedback or comments.

What to Do:

1. Set an agenda, and hold the agenda
 - a. If you put this in the comments section on the side it will help people stay on task.
2. Ask specific questions (see below)
3. Encourage your disciples
4. Specifically pray for your disciples at the end of your time together

What Not to Do:

1. Ask the generic question: How are you? This question causes people to ramble. *Again, please DO NOT ask the generic "How are you?" as the main connect question.*
2. Let one person (who is not the host) take over

How to Run a 45-60 Minute Discipleship Meeting

5 minutes // Connect

1. Ask your usual small talk questions & just enjoy each other!

20-30 minutes // Ask

1. Clearly state that you are moving into a time of intentional questions.
2. Rotate through questions, do not ask people to answer all at once, otherwise that's boring for a group. *Be sure you have sent them these questions before discipleship so that they can come prepared!*

Copy & paste the questions below into the comment bar

1. How are you coming in tonight? Thankful? Excited? Stressed? Disappointed?
2. What are you hoping to get out of tonight?
3. What's something that feels hard or challenging right now?
4. What's something concerning God that you would like us to speak into?
5. How do you sense God is asking you to obey Him from here?
6. Who do you feel God is asking you to invite into your life during this time?

10 minutes // Cover

1. Pray over your disciples (and encourage!)
 - a. Verses, prophetic words, etc